

PROGRAM CALENDAR

Term 4, 2026

GROUP PROGRAMS

MONDAY

Coffee and Chat
Fortnightly, 10am -11.30am (26th of October - 7th of December)

WEDNESDAY

Women are Strong
Weekly, 12pm—2.30pm (14th October -2nd of December)

FRIDAY

Trauma-Informed Yoga
Weekly, 11am - 12pm (16th of October - 6th of November)

OUTREACH

DFSV Counselling Goolwa
Monthly, Tuesdays, 9.30am-4.30pm

EVENTS

FREE Legal Information Sessions
Thursdays, 10-11.30am (26th Nov, 3rd, 10th Dec) - [Click Link to Register](#)

16 Days of Activism - Morning Tea
Wednesday 25th November, anytime between 10am - 11.30am

Bookings essential, please call 1300 564 164 or
email admin@theyellowgate.org.au



CO-LOCATED SERVICES

LEGAL ADVICE

Free legal advice appointments are available in-person with a solicitor from Women's Legal Service or Southern Community Justice Services SA.

FINANCIAL COUNSELLING

Qualified and accredited Financial Counsellors from Zahra Foundation or Junction Australia are available on-site to support women who may be experiencing financial debt or hardship due to DFSV.

SERVICES AUSTRALIA

Community Engagement Officers will be onsite to assist women with access to information, payments and services.

YARROW PLACE RAPE AND SEXUAL ASSUALT SERVICE

Free and confidential service for people aged 16 years and over at the time of the sexual assault.

CEDAR HEALTH SERVICE

Inclusive Domestic and Family Violence Healthcare provides FREE healthcare, with nursing staff & DFV counselling available.

NEAMI NATIONAL

Neami National provides outreach at the Yellow Gate where women can access free, mental health supports.

STATUS EMPLOYMENT

Inclusive Employment Australia program to support you to find and maintain meaningful employment

Bookings essential, please call 1300 564 164 or email admin@theyellowgate.org.au

The Yellow Gate programs are free and delivered in a safe and inclusive environment, where you can feel empowered to move forward. The Yellow Gate provides Domestic, Family and Sexual Violence Recovery and Prevention support services for women in the Southern Adelaide area.

The Yellow Gate is supported by Community Justice Services SA and is jointly funded by the Australian Government Department of Social Services and the Government of South Australia Office for Women.

