

PROGRAM CALENDAR



TERM 1, 2026

MONDAY

Coffee & Chat

Come and join us at the Yellow Gate for a coffee and a chance for social connection

Dates: Fortnightly from the 19th of January

Times: 10am - 11.30am

Location: The Yellow Gate (Address provided on registration)

Bookings essential, please call 1300 564 164



TUESDAY

DFSV Counselling Services Goolwa

The Yellow Gate will provide one-on-one DFSV counselling supports in the Goolwa area.

Times: 9.30am-4.30pm

Location: Goolwa area (address provided on registration)

Bookings essential, please call 1300 564 164

THURSDAY

Art for Healing

Come and explore your creative side with simple art and mindfulness techniques to relax your mind and improve your wellbeing.

Dates: Weekly sessions starting 5th of February - 26th of March

Times: 10am-12pm

Location: The Yellow Gate (Address provided on registration)

Bookings essential, please call 1300 564 164



FRIDAY

Trauma-Informed Yoga

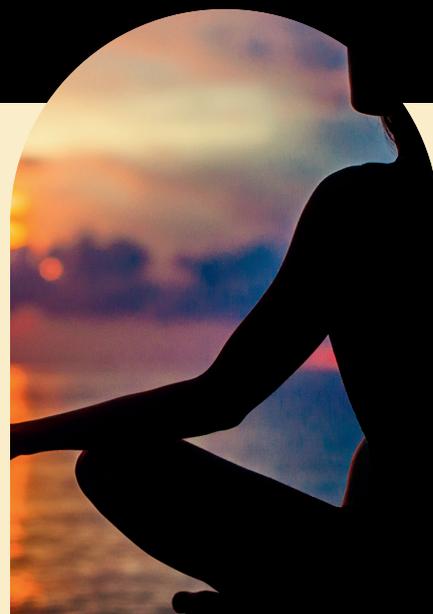
Join a free weekly yoga class and engage in a practice that promotes health and wellbeing

Dates: Weekly sessions starting 6th of February - 27th of March

Times: 11am-12pm

Location: Christies Beach area (address provided on registration)

Bookings essential, please call 1300 564 164.



CO-LOCATED SERVICES

Legal Advice

Free legal advice appointments are available in-person with a solicitor from Women's Legal Service or Southern Community Justice Services SA.

Dates: Please contact the Yellow Gate for availability on 1300 564 164

Location: The Yellow Gate (address provided on registration)

Financial Counselling

A qualified and accredited Financial Counsellor is available on-site to support women who may be experiencing financial debt or hardship.

Dates: Please contact the Yellow Gate for availability on 1300 564 164.

Location: The Yellow Gate (address provided on registration)

Yarrow Place Rape and Sexual Assault Service

Free and confidential service for people aged 16 years and over at the time of the sexual assault.

Location: The Yellow Gate (address provided at appointment booking)

Bookings essential, please call 1800 817 421

Cedar Health Service

Inclusive Domestic and Family Violence Healthcare provides FREE specialised healthcare, with nursing staff on site and DFV counselling available.

Location: The Yellow Gate (address provided at appointment booking)

Bookings essential, please call 8444 0700

The Yellow Gate programs are free and delivered in a safe and inclusive environment, where you can feel empowered to move forward. The Yellow Gate provides Domestic, Family and Sexual Violence Recovery and Prevention support services for women in the Southern Adelaide area.

The Yellow Gate is supported by Community Justice Services SA and is jointly funded by the Australian Government Department of Social Services and the Government of South Australia Office for Women.

CONTACT US

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