

All women have a right to live a life free from violence. Taking the step to talk to someone about domestic, family and sexual violence can be confronting and overwhelming.

At the Yellow Gate we have an experienced team of counsellors who provide compassionate, empathetic, culturally safe and confidential support for women who have been impacted by domestic, family and sexual violence.

How We Can Help

Sessions are client led and can cover safety planning, preparing to leave a relationship, emotional recovery, wellbeing, referrals, and advocacy to other services.

Who It's For

We provide support to women aged 15 and older who have faced domestic, family, or sexual violence, regardless of whether their experience is ongoing, recent, or occurred several years ago

What To Expect

We offer FREE flexible counselling sessions that can be scheduled weekly, fortnightly, as a one-off, or on an ad-hoc basis. Appointments are up to 60 minutes and are available in person.

When: Tuesdays, 9.30am - 4.30pm

Where: Goolwa area (Address provided on registration)

Bookings: Please contact The Yellow Gate on <u>1300 564 164</u> or email: admin@theyellowgate.org.au

The Yellow Gate programs are free and delivered in a safe and inclusive environment, where you can feel empowered to move forward. The Yellow Gate provides Domestic Violence Recovery and Prevention support services for women in the Southern Adelaide area.

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